

TEACH US TO

pray

Brave

ACTS 4:23-31

CAN GOD BE TRUSTED?

If your friend asked you to jump off a bridge, would you? 😊

Share an instance when you needed to be brave. Were you able to? Why or why not?

Who is someone you trust wholeheartedly? What makes that person trustworthy?

When do you find it challenging to trust God?

Throughout this series, we've continually been brought back to the goodness of God as a Father. This has to be the starting point for us in our understanding of prayer. What are some attributes of a good father that you've seen here on earth? How can these experiences help us better understand God?

Have someone open up a Bible to Acts chapter 4, and look at the prayer of the disciples. They begin their prayer by giving an example of how God has been true to his word in the past (4:25-27). Take a minute and think of a time that you have seen something God has said "back then" be true in your "right now." If you're comfortable, share these with your group members .

Research of over 1000 churches has shown that there is a direct connect between spiritual growth and prayer, Bible reflection, and journaling (PB&J). Have you ever tried prayer, Bible reading, and journal together? Have you found it helpful? Would you consider trying it this week? You can even just start at a few minutes each morning or few minutes before bed.

If you have time remaining, share some experiences of prayer, reading, or journaling that were especially meaningful to you.

**BACK THEN, YOU SAID...
RIGHT NOW, I'M SEEING...**