

## Management that Matters: Learning to Count

### Psalm 90

#### Small Group Discussion

**Opening question** (this question is designed to get everyone involved in discussion)

- Right now, do you feel that life is moving too fast, or too slow? Why?

**Read Psalm 90, and discuss the following.**

- What would you say is the general tone of Moses' song?
- What is Moses lamenting? Have you ever had a point where you lamented this same thing?
- Where in the Psalm do you start to see the tone change from lament to hope?
- On Sunday, Pastor Josh said, "we must count our days, for our days to count." Do you think that this summary reflects Moses' intention in v. 12? Why or why not?
  - What does it mean to recognize *that* your days are numbered? How does this acknowledgement bring about wisdom?
  - What does it mean to acknowledge *why* your days are numbered? Where do you see this theme in the Psalm?
  - Commentator Derek Kidner writes, "[Death's] universal shadow is a standing reminder of our human solidarity in sin, and of the seriousness with which God views this." How does this perspective cultivate wisdom?
- What does it mean to *choose* to make each day count?
  - What might keep you from strategically using your time?
  - Pastor Josh mentioned being strategic to make sure that we're prioritizing our time for the following things: Sabbath rest, working time, family/relational time, exercise, worship time, private spiritual disciplines, and serving in ministry. Are there any of these practices which you need to approach more strategically? What comes in the way of these?
- What do you think Moses has in mind in v. 14? How do we find our daily satisfaction in God's unfailing love?
  - What has this looked like in your experience?
  - Is it really possible to be glad and sing for joy every day? Why or why not?
- What is the essence of the prayer in v. 17?
- How does God's "favor" enable your days to count? What does this look like in your life?
- Is there some particular area—work, school, relationships, etc.—where you need to invite God to add his "favor?"
- How does the reality of life's brevity drive us to the gospel? In what way does the gospel bring hope to this reality?

**Share and Pray**

- Share your needs with one another and pray for them specifically.
- If you feel comfortable doing so, acknowledge where you may not have stewarded your time well, and "offer up" all of your time to God.